

Otium Health and Beauty Clinic

Advanced Skincare, Permanent Makeup and Beauty

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Dermalogica Facial Treatments

Exclusive Facial (to include back massage)	£48.00
Prescriptives Facial	£38.00
AGE Smart Treatment	£40.00
MediBac Clearing Skin Treatment	£40.00
Powerbright TRx Treatment	
30 Minute	£28.00
60 Minute	£40.00
Express Facial	£25.00

Digital Skin Needling

Digital Skin Needling stimulates the skin to regenerate and repair itself. This naturally stimulates collagen and elastin production and allows for the introduction of active substances into the deeper skin layers. This technique introduces micro-holes into the epidermis to enhance the transmission of substances into the skin using a SPMU needle.

Helps plump out fine lines and wrinkles, this treatment stimulates collagen and elastin production, scar reduction and skin rejuvenation.

Treatment with Peel	£89.00
Treatment without Peel	£69.00

A course of 6 treatments is recommended £450.00

Dermaplaning

Dermaplaning is a safe and highly effective exfoliation procedure. It requires the use of a sterile, surgical scalpel to gently shave the skin's surface, removing the top layer of dead skin cells along with the fine vellus hair.

Dermaplaning £55.00

Dermaplaning with Peel £80.00

Cell Biologique Facial

Cell Biologique is an advanced Dermaceutical skincare collection offering corrective solutions. From daily cleansing to professional strength peels, Cell Biologique products produce significant visual enhancement in texture and appearance. It is the most comprehensive medical grade collection offered to the professional skincare market to enhance aesthetic treatments and maintain results for longer.

Facial with Peel £85.00

Course of 6 treatments £450.00

Skin peels are used to improve the tone and texture of the skin, to reduce fine lines, reduce pigmentation and improve acne damaged skins. They help reduce blocked pores and redness associated with acne conditions.

Body Therapy & Holistic Treatments

Back Therapy Treatment (45 mins) £27.00

Starts with a deep cleansing of the back to remove excess oil and debris, followed by exfoliation using an Exfoliating Body Scrub, followed by a stress relieving back massage.

Full Body Exfoliation (45 mins) £28.00

Includes dry body brushing and gentle cloth buffing.

Back, neck and shoulder massage (30 mins) £20.00

Full Body Massage (60 mins) £38.00

Indian Head Massage (30 mins) £20.00

Hopi Ear Candles (45 mins) £25.00

Eye Enhancement Treatments

First time tints and lashes require a sensitivity test at least 24 hours prior to treatment

Eyelash Tinting	£9.50
Eyebrow Tinting	£5.00
Eyelash and Eyebrow Tinting	£10.00
Eyebrow Shape	£8.00
Eyelash Extension (full set classic lashes)	£45.00
Eyelash in-fills (recommended every 2 weeks)	£25.00

Treatments for the Hands and Feet

Manicure	£22.00
Pedicure	£24.00
File and OPI Polish	£10.00
File and French OPI Polish	£12.00
Shellac Manicure	£25.00
Shellac Pedicure	£30.00
File and Shellac Polish	£15.00
File and Shellac French Polish	£18.00
Shellac Removal (free of re-application of Shellac is done)	£8.00

Waxing Treatments

Phd waxing system is a fully disposable applicator waxing system. A pre-sealed hygienic applicator with a built-in safety device is used for every new client.

Full Leg (inc. Bikini Line)	£25.00
Full Leg	£23.00
$\frac{3}{4}$ leg	£20.00
$\frac{1}{2}$ leg	£16.00
Bikini Line	£9.50
Forearms	£12.00
Chest	£20.00
Back	£20.00
Underarms	£8.00
Lip or Chin	£6.00
Eyebrow	£8.00

Fake Bake Spray Tanning

Full Body	£20.00
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Permanent Make Up

Imagine perfect brows, striking eyes and fantastic lips every day. Permanent make-up will enhance your natural features. Permanent makeup, micro pigmentation or cosmetic tattooing is a procedure whereby minute particles of colour pigments are implanted into the skin surface using a sterile needle or microblade.

Becki Gravestock has been qualified as a Beauty Therapist since 1990 and is also an Advanced Beauty and Permanent Makeup Trainer at The Clinical Academy. She delivers training in all areas of Permanent Makeup, Salt Saline Tattoo Removal, Digital Skin Needling and Dermaplaning.

Eyebrows using Digital Machine

Hairstroke, Powder or Combination Brows £325.00

Eyeliner

Top Eyeliner £250.00

Bottom Eyeliner £250.00

Both Top and Bottom Eyeliner £300.00

Lash Line Enhancement £200.00

Lips

Lip Liner £275.00

Lip Blush £300.00

Full Lip Colour £400.00

Microbladed Eyebrows £295.00

All above prices include consultation and one retouch treatment 4-12 weeks after initial treatment. Patch test required at least 48 hours prior to treatment.

Colour Boost (After 1 year full cost of treatment will be charged) £150.00

Colour Correction - £195.00

Tattoo Removal

Permanent Makeup and Body Tattoo Lightening and Removal £90.00
per session

Formalities

Safety Precautions

Please inform me of any medical conditions including pregnancy prior to booking, as some treatments may not be appropriate for you. Please note that all treatment times are provided as an appropriate indication only, these may vary due to your own consultation, general health and well-being.

First time Tints, Lashes and Permanent Make Up treatments require a sensitivity test at least 48 hours prior to treatment.

Cancellations

Should you need to cancel an appointment at least 24 hours notice is appreciated so as not to incur a cancellation fee.

Payment

Payment can be made by cash or credit/debit cards.
Gift vouchers, Dermalogica retail products can be ordered or purchased in the salon.

A.C.T. Fast licensed salon
Member of ARA (Association of Registered Aestheticians)

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**FOR AN APPOINTMENT PLEASE CALL OR TEXT
BECKI ON 07825 167752**